Family Resources

Financial Resources

<u>WCCC</u> - state subsidy program for lower-income families (below state median) when parents are involved in education or job-related activities during childcare hours

ASD preschool scholarship: https://docs.google.com/document/d/1e0L2W233e8fgy-eNbP2r-380Mu6kTTif/edit Submit applications via USPS mail to Whitney School, Attn: Carrie Worra, 1200 M Ave., Anacortes, WA 98221 or via email: carrie.worra@gmail.com

Skagit Preschool and Resource Center Includes Help Me Grow Skagit, resource hub for young families

Child Care Aware Northwest - Emergency Childcare Voucher Program

Oak Harbor Public Schools: Summer free meals

Working Families Tax Credit

WA 529-Dream Ahead WA college savings plans.

Anacortes Family Center- helping to end homelessness

Catholic Community Services

Educational Resources

Anacortes Public Library and play-and-learn series for child and caregiver

Social Emotional Learning Pathways for parents and educators

SPARC (Skagit Preschool and Resource Center: <u>Parent to Parent</u> Skagit County Parent to Parent provides emotional support to parents and caregivers on the special needs journey through individual and group connections.

Adult Health Resources

Call the <u>Washington Recovery Help Line</u> to get help for substance use and mental health: 866-789-1511

Call or text 988 to get mental health support from 988 Lifeline

Call <u>SAMHSA's National Helpline</u> to get information and referrals for mental and behavioral health treatment: 800-662-4357

Local Programs and Activities

Deception Pass Park Foundation Programs

ACFL Friends of the Forest - guided events in Anacortes Community Forest Lands

<u>Nurtured Sprout Caregiving</u>- RIE® inspired playgroups in Oak Harbor, WA on Whidbey Island support natural development of authentic infants/toddlers while fostering and building community for their caregivers.

<u>Music Together of North Whidbey & Anacortes</u>- classes build on your child's natural enthusiasm for music and movement. We'll help you provide your child with the basic musical skills needed to enjoy school and social musical activities, and to study an instrument should he or she choose to do so.

Mount Vernon Youth Programs

Check specific seasonal offerings for nature-based programs at Hillcrest Park

WSU Discovery Garden

Includes a number of garden types including a children's garden for play

Padilla Bay Interpretive Center Free interpretive center and aquarium

Seattle PlayGarden

Outdoor space for people of all abilities, plus loads of inclusion resources